

Reasons to Read the Psalms¹

When you want...

to find comfort
to meet God intimately
to learn a new prayer
to learn a new song
to learn more about God
to understand yourself more clearly
to know how to come to God each day
to be forgiven for your sins
to feel worthwhile
to understand why you read the Bible
to give praise to God
to know that God is in control
to give thanks to God
to please God
to know why you should worship God

Read...

Psalm 23
Psalm 103
Psalm 136
Psalm 92
Psalm 24
Psalm 8
Psalm 5
Psalm 51
Psalm 139
Psalm 119
Psalm 145
Psalm 146
Psalm 136
Psalm 15
Psalm 104

God's Word was written to be studied, understood, and applied, and the book of Psalms lends itself most directly to application. We understand the psalms best when we "stand under" them and allow them to flow over us like a rain shower. We may turn to Psalms looking for something, but sooner or later we will meet Someone. As we read and memorize the psalms, we will gradually discover how much they are already part of us. They put into words our deepest hurts, longings, thoughts, and prayers. They gently push us toward being what God designed us to be—people loving and living for him.

¹ Life Application Bible, NKJV, 909.